

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat					
Call today to schedule your 1:1 appt for a private karate or yoga lesson or a therapeutic massage.		1	2	3	4	5					
6	9 am Yoga 10-1pm 1:1 1:30-2:30pm Tai Chi 6pm Beginner/Youth Karate 7pm Yoga	7	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	8	9 am Yoga 10-2pm 1:1 6pm Beginner/Youth Karate 7pm Yoga	9	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	10	11	12	9am - 3pm Closed Seminar
13	9 am Yoga 10-1pm 1:1 1:30-2:30pm Tai Chi 6pm Beginner/Youth Karate 7pm Yoga	14	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	15	9 am Yoga 10-2pm 1:1 6pm Beginner/Youth Karate 7pm Yoga	16	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	17	18	19	
20	9 am Yoga 10-1pm 1:1 1:30-2:30pm Tai Chi 6pm Beginner/Youth Karate 7pm Yoga	21	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	22	9 am Yoga 10-2pm 1:1 6pm Beginner/Youth Karate 7pm Yoga	23	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	24	25	26	9:30 - 11 am Kata Workshop 11am-12pm Bo Kata Workshop
27	9 am Yoga 10-1pm 1:1 1:30-2:30pm Tai Chi 6pm Beginner/Youth Karate 7pm Yoga	28	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	29	9 am Yoga 10-2pm 1:1 6pm Beginner/Youth Karate 7pm Yoga	30	6 pm- 7pm Beginner/Youth Karate 7pm -8:30 pm Karate Jutsu	31	JUKIDO-KAI SCHOOL OF MARTIAL ARTS 13145 Wapak-Fryburg Rd. Wapakoneta, OH 45895 (419) 738-9490 www.JukidoKai.com		